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Pavel Tsatsouline is one of those guys who produces stuff I like, backed by marketing I usually hate. He is one of the kings of the "OUR SYSTEM IS THE UBER BESTEST" style of marketing, which drives me crazy. On the other hand, I cannot deny that he has put out some good stuff, and Beyond Bodybuilding is no exception.

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Pavel Tsatsouline swung into prominence on the rounded handle of the kettlebell back in 2001, with the release of his training manual "The Russian Kettlebell Challenge." But today, this now-common iron ball only forms part of his prolific body of work.

### **Pavel Tsatsouline: Return Of The Kettlebell Master**

Tsatsouline's publisher is Dragon Door, owned by John Du Cane. Dragon Door is a website and publishing company generally focused on martial arts and related sports. Dragon Door is a website and publishing company generally focused on martial arts and related sports.

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